

Available online at www.sciencedirect.com



Food Chemistry 90 (2005) 175-179

Food Chemistry

www.elsevier.com/locate/foodchem

Determination of trace metal levels in seven fish species in lakes in Tokat, Turkey

Durali Mendil^{a,*}, Özgür Doğan Uluözlü^a, Erdoğan Hasdemir^b, Mustafa Tüzen^a, Hayati Sari^a, Menderes Suiçmez^c

> ^a Chemistry Department, Faculty of Science and Arts, Gaziosmanpaşa University, 60250 Tokat, Turkey ^b Chemistry Department, Faculty of Science and Arts, Gazi University, 06500 Ankara, Turkey

^c Biology Department, Faculty of Science and Arts, Gaziosmanpaşa University, 60250 Tokat, Turkey

Received 25 February 2004; received in revised form 11 March 2004; accepted 11 March 2004

Abstract

The concentrations of trace metals in seven fish species collected from some lakes in Tokat, Turkey were determined using flame and graphite furnace atomic absorption spectrometry after microwave digestion methods. The average metal concentrations in the seven fish species varied in the following ranges: Fe, 64.3–197; Mn, 11.7–72.9; Zn, 11.9–38.6; Cu, 1.0–4.1; Pb, 0.7–2.4; Cr, 0.6–1.6; Ni, 1.2–3.4; Cd, 0.1–1.2 μ g/g.

© 2004 Elsevier Ltd. All rights reserved.

Keywords: Trace metals; Fish species; Atomic absorption spectrometry

1. Introduction

Recent years have witnessed significant attention being paid to the problems of environmental contamination by a wide variety of chemical pollutants, including the heavy metals (El-demerdash & Elegamy, 1999). Many plants and animal species have been proposed as bioindicators for monitoring a variety of contaminants in the marine ecosystem (Astorga-Espana, Pena-Mendez, & Gorcia-Montelango, 1999; Cid, Boia, Pombo, & Rebelo, 2001). The metals, cadmium, lead, chromium, nickel, copper and zinc are of particular interest because they are toxic to aquatic organisms and are persistent in the environment in excess (Celik & Oehlenschlager, 2004; Sadiq, 1992; Tüzen, 2003).

Contamination of aquatic ecosystems (e.g. lakes, rivers, streams) with metals has been receiving increased worldwide attention and the literature has many publications on this (Mansour & Sidky, 2002). Metallic elements are environmentally ubiquitous, readily dissolved in and transported by water and readily taken up by aquatic organisms. Metals enter the aquatic environment by atmospheric deposition, by erosion of the geological matrix, or through anthropogenic sources, such as industrial effluents and mining wastes (Alam et al., 2002).

Fish are often at the top of the aquatic food chain and many concentrate large amounts of some metals from the water (Mansour & Sidky, 2002). Fish is considered as one of the main protein sources of food for humans. Water pollution leads to fish contaminated with toxic metals, from many sources, e.g. industrial and domestic waste water, natural runoff and contributory rivers (Rashed, 2001; Tarıq, Jaffar, & Moazzam, 1991). Trace metals can be accumulated by fish through both the food chain and water (Hadson, 1988). Essentially, fish assimilate metals by ingestion of particulate material suspended in water, ingestion of food, ion-exchange of dissolved metals across lipophilic membranes, e.g., the gills, and adsorption on tissue and membrane surfaces. Metal distribution between the different tissues depends on the mode of

^{*}Corresponding author. Tel.: +90-356-2521582; fax: +90-356-2521585.

E-mail addresses: dmendil@gop.edu.tr, dmendil@hotmail.com (D. Mendil).

exposure, i.e., dietary and/or aqueous exposure, and can serve as a pollution indicator (Alam et al., 2002). Fish living in polluted waters may accumulate toxic trace metals via their food chains. The bioaccumulation of metals is therefore an index of the pollution status of the relevant water body and is a useful tool studying the biological role of the metals present at elevated levels in aquatic organisms, especially fish (Menzer & Nelson, 1980; Tarrio, Jaffor, & Ashraf, 1991).

In this study, the levels of trace metals in fish samples collected from some lakes in Tokat, Turkey were determined by flame and graphite furnace AAS after microwave digestion.

2. Materials and methods

The fish species (*Cyprinus carpio*, *Leiciscus cephalus*, *Capoeta tinca*, *Silurus glanis*, *Capoeta capoeta*, *Atherina bayeri*, *Carassius gibelio*) were collected from seven different lakes (Hampinar, Akbelen, Dutluca, Almus, Güzelce, Kızık and Uluöz) (Fig. 1) in Tokat, Turkey, between Spring and Summer, 2003. The collected samples were transferred to the laboratory and washed with distilled water, dried in filter paper, homogenized, packed in polyethylene bags and stored below -20 °C prior to analysis (Tüzen, 2003). De-ionized water (18.2 M Ω cm), from a Milli-Q system (Millipore, Bedford, MA, USA), was used to prepare all aqueous solutions. All mineral acids and oxidants (HNO₃ and H₂O₂) used were of the highest quality grade (Suprapure, Merck, Darmstadt, Germany). All the plastic and glassware were cleaned by soaking overnight in a 10% (w/v) nitric acid solution and then rinsed with deionized water.

Samples (0.5 g) were digested with 6 ml of HNO₃ (65%) and 2 ml of H_2O_2 (30%) in a microwave digestion system for 31 min and diluted to 10 ml with deionized water. A blank digest was carried out in the same way (digestion conditions for microwave system applied were 2 min at 250 W, 2 min at 0 W, 6 min at 250 W, 5 min at 400 W, 8 min at 550 W, then vent for 8 min). This procedure was preferred because it was accurate with respect to both time and recovery values. The recovery values were nearly quantitative (>95%) for the above digestion method.

A Perkin–Elmer Analyst 700 model atomic absorption spectrometer with deuterium background corrector was used in this study. Pb, Cd, Cr and Ni in samples were determined by HGA graphite furnace using argon as inert gas. Pyrolytic-coated graphite tubes with a platform were used and signals were measured as peak areas. Other measurements were carried out in an air/ acetylene flame.



Fig. 1. The map showing the sampling area.

Sampling locations	Fish species	Seasons	Fe	Mn	Zn	Cu	Pb	Cr	Ni	Cd
Hampinar	Capoeta capoeta	Spring	159 ± 15.2	54.2 ± 4.1	24.9 ± 2.1	2.8 ± 0.22	1.1 ± 0.10	1.4 ± 0.12	2.8 ± 0.22	1.2 ± 0.10
I	1 1	Summer	143 ± 13.1	72.9 ± 6.9	19.2 ± 1.3	3.1 ± 0.29	0.8 ± 0.08	$1.0 \pm .010$	3.4 ± 0.31	0.9 ± 0.09
	Cyprinus carpio	Spring	102 ± 11.8	30.3 ± 2.6	32.1 ± 3.1	1.6 ± 0.14	1.3 ± 0.12	0.9 ± 0.09	3.0 ± 0.30	0.3 ± 0.03
	~	Summer	96.7 ± 6.8	38.0 ± 3.1	37.1 ± 3.3	1.2 ± 0.10	1.0 ± 0.09	1.1 ± 0.10	3.4 ± 0.28	0.2 ± 0.01
Akbelen	Capeota capeota	Spring	150 ± 11.2	42.9 ± 4.2	21.2 ± 1.9	1.8 ± 0.13	1.1 ± 0.10	0.8 ± 0.08	2.4 ± 0.21	0.2 ± 0.02
		Summer	166 ± 13.6	52.1 ± 4.8	25.3 ± 2.3	3.7 ± 1.34	1.4 ± 0.12	0.6 ± 0.06	3.1 ± 0.30	0.4 ± 0.04
Dutluca	Carassius gigelio	Spring	109 ± 10.3	24.2 ± 1.8	24.6 ± 2.4	1.1 ± 0.11	2.1 ± 0.21	1.0 ± 0.10	2.4 ± 0.22	0.2 ± 0.02
		Summer	111 ± 10.9	27.6 ± 2.3	18.5 ± 1.6	1.1 ± 0.10	1.7 ± 0.17	0.8 ± 0.08	2.1 ± 0.20	0.2 ± 0.01
	Cyprinus carpio	Spring	135 ± 12.4	32.8 ± 2.9	32.9 ± 3.1	1.5 ± 0.14	1.8 ± 0.18	1.1 ± 0.11	2.7 ± 0.19	0.6 ± 0.06
		Summer	150 ± 12.7	37.0 ± 3.5	17.4 ± 1.4	1.2 ± 0.12	1.4 ± 0.11	0.8 ± 0.08	2.3 ± 0.21	1.0 ± 0.10
Almus	L. cephalus	Spring	86.9 ± 6.2	30.6 ± 2.1	34.0 ± 3.2	1.6 ± 0.11	1.3 ± 0.12	1.2 ± 0.11	2.0 ± 0.20	0.2 ± 0.02
		Summer	97.6 ± 7.7	24.1 ± 1.9	27.7 ± 2.2	1.0 ± 0.10	0.9 ± 0.09	1.0 ± 0.10	1.6 ± 0.14	0.1 ± 0.01
	Cyprinus carpio	Spring	86.8 ± 8.3	28.6 ± 2.1	33.6 ± 2.4	2.6 ± 0.18	1.0 ± 0.10	1.3 ± 0.12	2.0 ± 0.20	0.3 ± 0.02
		Summer	96.7 ± 9.8	35.0 ± 3.2	37.1 ± 3.7	1.9 ± 0.15	0.7 ± 0.07	1.0 ± 0.10	2.4 ± 0.22	0.2 ± 0.01
	S. glanis	Spring	96.3 ± 9.2	28.5 ± 2.4	25.2 ± 2.1	1.5 ± 0.11	1.1 ± 0.11	0.8 ± 0.08	1.6 ± 0.12	0.2 ± 0.02
		Summer	107 ± 10.1	22.1 ± 1.7	22.4 ± 1.7	1.0 ± 0.10	1.3 ± 0.12	1.3 ± 0.12	1.2 ± 0.10	0.2 ± 0.02
	Capeota tinca	Spring	125 ± 12.6	21.5 ± 1.8	17.5 ± 1.6	1.2 ± 0.12	1.1 ± 0.09	1.2 ± 0.10	2.7 ± 0.23	0.1 ± 0.01
		Summer	135 ± 11.9	27.1 ± 2.2	11.9 ± 1.0	1.8 ± 0.17	0.9 ± 0.09	1.6 ± 0.13	3.1 ± 0.28	0.3 ± 0.02
	Atherina bayeri	Spring	121 ± 10.6	11.1 ± 1.1	16.7 ± 1.4	1.3 ± 0.13	0.7 ± 0.06	0.9 ± 0.09	1.2 ± 0.11	0.2 ± 0.01
		Summer	103 ± 12.1	15.5 ± 1.2	22.6 ± 1.7	1.7 ± 0.14	0.9 ± 0.09	1.3 ± 0.12	1.5 ± 0.15	0.2 ± 0.02
Güzelce	Capeota tinca	Spring	135 ± 12.6	31.2 ± 3.0	13.6 ± 1.1	3.7 ± 0.33	2.0 ± 0.18	1.0 ± 0.10	2.1 ± 0.18	0.5 ± 0.04
		Summer	134 ± 11.7	40.6 ± 3.2	18.5 ± 1.6	2.6 ± 0.25	1.7 ± 0.15	1.3 ± 0.11	2.3 ± 0.18	0.4 ± 0.03
Kızık	L. cephalus	Spring	145 ± 12.3	26.2 ± 2.3	38.6 ± 3.5	1.4 ± 0.13	1.9 ± 0.19	0.7 ± 0.07	1.7 ± 0.14	0.3 ± 0.02
		Summer	128 ± 11.5	31.0 ± 2.7	33.3 ± 3.3	1.9 ± 0.17	1.8 ± 0.16	0.9 ± 0.09	2.3 ± 0.21	0.1 ± 0.01
Uluöz	L. cephalus	Spring	86.3 ± 7.4	20.8 ± 1.6	24.9 ± 1.5	2.0 ± 0.16	2.1 ± 0.18	1.2 ± 0.11	2.2 ± 0.20	0.3 ± 0.02
		Summer	64.3 ± 5.9	17.3 ± 1.4	22.6 ± 1.9	1.6 ± 0.12	1.7 ± 0.14	1.6 ± 0.14	2.0 ± 0.20	0.2 ± 0.02
	Capeota capeota	Spring	197 ± 17.4	42.1 ± 3.6	23.0 ± 2.0	3.8 ± 0.29	2.4 ± 0.22	1.5 ± 0.13	2.9 ± 0.24	0.6 ± 0.05
		Summer	179 ± 16.8	35.5 ± 3.2	26.4 ± 2.2	4.1 ± 0.38	2.2 ± 0.19	1.2 ± 0.11	2.5 ± 0.22	0.9 ± 0.08

Table 1 The concentration of trace metals $(\mu g/g)$ in fish species

3. Results and discussion

All metal concentrations were determined on a dry weight basis. The concentrations of trace metals (Fe, Mn, Zn, Cu, Pb, Cr, Ni and Cd) in fish species are given in Table 1. According to these data, iron has the highest concentration, followed by manganese, zinc, copper, lead, nickel, chromium and cadmium. The high metal accumulation levels in the species were found in *Capoeta capoeta* for Fe, Mn, Cu, Pb, Ni and Cd, *L. cephalus* for Zn, Cr and *Capoeta tinca* for Cr, respectively.

The lowest and highest iron concentrations were found to be 64.3 μ g/g in L. cephalus and 197 μ g/g in Capoeta capoeta, respectively. These values were reported as 201 and 125 μ g g⁻¹, respectively (Chale, 2002; Karadede, Oymak, & Ünlü, 2004). Our iron values were higher than other literature values (Astorga-Espana et al., 1999). Average manganese content of the fish samples varied from 72.9 to 11.1 μ g g⁻¹. Manganese content in the samples is higher than that reported (Chale, 2002; Moiseenko & Kudryavtseva, 2001). Mean zinc concentrations ranged from 38.6 to 11.9 μ g g⁻¹. The maximum and minimum zinc levels were found in L. cephalus and Capoeta tinca, respectively. These values are similar to those reported earlier (Karadede et al., 2004; Rodriguez-Sierra & Jimenez, 2002). Our zinc results are lower than those reported in the literature (Chale, 2002; Cohen, Shane, Hee, & Ambrose, 2001). The concentrations of copper were from 4.1 to 1.0 μ g g⁻¹ for analyzed fish samples. These results are in agreement with reported values (Karadede et al., 2004; Rodriguez-Sierra & Jimenez, 2002). Our copper values are higher than those reported earlier (Aucoin et al., 1999). The lead levels in fish species were found to be in the range 2.4–0.7 $\mu g g^{-1}$. Our lead values were lower than those reported earlier (Aucoin et al., 1999; Cohen et al., 2001). Literature values for lead were reported as 4.9–5.30 $\mu g g^{-1}$ (Chale, 2002). Nickel contents found were 3.4–1.2 μ g g⁻¹ in the samples. These values are lower than literature reports (Cohen et al., 2001; Bervoets & Blust, 2003). Chromium and cadmium levels found were 1.6-0.6 and 1.2–0.1 μ g g⁻¹, respectively. These values are lower than those reported earlier (Cohen et al., 2001; Moiseenko & Kudryavtseva, 2001). Cadmium concentrations in the samples were found to be lower than reported values (Szefer, Domagala-Wieloszewska, Warzocha, Garbacik-Weselowska, & Ciesielski, 2003).

Acknowledgements

The authors are grateful for the financial support of the Unit of the Scientific Research Projects of Gaziosmanpaşa University.

References

- Alam, M. G. M., Tanaka, A., Allinson, G., Laurenson, L. J. B., Stagnitti, F., & Snow, E. T. (2002). A comparison of trace element concentrations in cultured and wild carp (*Cyprinus carpio*) of lake Kasumigaura, Japan. *Ecotoxicology and Environmental Safety*, 53, 348–354.
- Astorga-Espana, M. S., Pena-Mendez, E. M., & Gorcia-Montelango, F. J. (1999). Application of principal component analysis to the study of major cations and trace metals in fish from Tenerife (Canary Island). *Chemometrics and Intelligent Laboratory Systems*, 49, 173–178.
- Aucoin, J., Blanchard, R., Billiot, C., Partridge, C., Schultz, D., Mandhare, K., Beck, M. J., & Beck, J. N. (1999). Trace metals in fish and sediments from lake Boeuf, Southeastern Louisiana. *Microchemical Journal*, 62, 299–307.
- Bervoets, L., & Blust, R. (2003). Metal concentrations in water, sediment and gudgeon (*Gobio gobio*) from a pollution gradient: Relationship with fish condition factor. *Environmental Pollution*, 126, 9–19.
- Celik, U., & Oehlenschlager, J. (2004). Determination of zinc and copper in fish samples collected from Northeast Atlantic By DPSAV. *Food Chemistry* (in press).
- Chale, F. M. M. (2002). Trace metal concentrations in water, sediments and fish tissue from lake Tanganyika. *The Science of the Total Environment*, 299, 115–121.
- Cid, B. P., Boia, C., Pombo, L., & Rebelo, E. (2001). Determination of trace metals in fish species of the Ria de Aveiro (Portugal) by electrothermal atomic absorption spectrometry. *Food Chemistry*, 75, 93–100.
- Cohen, T., Shane, S., Hee, Q., & Ambrose, R. F. (2001). Trace metals in fish and invertebrates of three California coastal wetlands. *Marine Pollution Bulletin*, 42, 224–232.
- El-demerdash, F. M., & Elegamy, E. I. (1999). Biological effects in *Tilapia nilotica* fish as indicators of pollution by cadmium and mercury. *International Journal of Environmental Healthy Research*, 9, 173–186.
- Hadson, P. V. (1988). The effect of metabolism on uptake, disposition and toxicity in fish. *Aquatic Toxicology*, 11, 3–18.
- Karadede, H., Oymak, S. A., & Ünlü, E. (2004). Heavy metals in mullet, *Liza abu* and catfish, *Silurus triostegus*, from the Atatürk Dam Lake (Euphrates), Turkey. *Environmental International*, 183– 188.
- Mansour, S. A., & Sidky, M. M. (2002). Ecotoxicological studies.3. Heavy metals contaminating water and fish from Fayoum Governorate, Egypt. *Food Chemistry*, 78, 15–22.
- Menzer, R. E., & Nelson, J. O. (1980). Water and soil pollutants. In J. Doull, C. D. Klaassen, M. O. Amdur (Eds.), *Toxicology. The basic science of poisons* (2nd ed., p. 636). New York.
- Moiseenko, T. I., & Kudryavtseva, L. P. (2001). Trace metal accumulation and fish pathologies in areas affected by mining and metallurgical enterprises in the Kola Region, Russioa. *Envi*ronmental Pollution, 114, 285–297.
- Rashed, M. N. (2001). Monitoring of environmental heavy metals in fish from Nasser Lake. *Environmental International*, 27, 27–33.
- Rodriguez-Sierra, C. J., & Jimenez, B. (2002). Trace metals in striped mojarra fish (*Diapterus plumieri*) from Puerto Rica. *Marine Pollution Bulletin*, 44, 1039–1045.
- Sadiq, M. (1992). *Toxic metal chemistry in marine environments*. New York: Marcel Dekker.
- Szefer, P., Domagala-Wieloszewska, M., Warzocha, J., Garbacik-Weselowska, A., & Ciesielski, T. (2003). Distribution and relationships of mercury, lead cadmium copper and zinc in perch (*Perca fluviatilis*) from the Pomeranian Bay and

Szczecin Lagoon, southern Baltic. Food Chemistry, 81, 73-83.

- Tarrio, J., Jaffor, M., & Ashraf, M. (1991). Levels of selected heavy metals in commercial fish from five fresh water lake Pakistan. *Toxicology and Environmental Chemistry*, 33, 133–140.
- Tarıq, J., Jaffar, M., & Moazzam, M. (1991). Concentration correlations between major cations and heavy metals in fish from the Arabian Sea. *Marine Pollution Bulletin*, 22(11), 562–565.
- Tüzen, M. (2003). Determination of heavy metals in fish samples of the middle Black Sea (Turkey) by graphite furnace atomic absorption spectrometry. *Food Chemistry*, 80, 119–123.